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THE BEAUTY EXPERT

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Saving Your Neck

The face isn't the only place that ages. A little effort now can keep the most neglected body part tight, smooth, and even swanlike. By Margaret Lee

DRY, CREPEY TEXTURE

THE PROBLEM: Although skin naturally thins as it ages, "crepiness is 95 percent sun damage," Day says. "With sun damage, the dermis—where collagen and elastin are located—gets really stringy, not puffy and substantial. You really lose the foundation holding up the skin's surface," Waldorf says. "Skin also stops holding in moisture as effectively, making crepiness even worse."

THE SOLUTION: To help rebuild and repair the damage that's done, you're in luck: Crepiness responds better than many of the neck's other problems to topical treatments because it doesn't involve a lot of muscle or fat. New advances may offer gentle but still effective alternatives, Remergent by AGI Dermatics, for example, contains specific enzymes that "actually work to prevent DNA damage that causes negative changes, such as broken collagen and slower healing, in your skin," Day says. Though long-term studies are needed, dermatologists say this line shows promise at penetrating the skin to repair DNA damage (previously done only by prescription-strength products such as Retin-A)

**A Better
Butt ASAP!**
No More Flab,
Jiggle, or Dimples

Liv Tyler

"I Was Basically Crying and